

# RCSI Ed-i-Med

RCSI INTERNATIONAL MEDICINE & HEALTH  
PROFESSIONS EDUCATION SYMPOSIUM

Depression and burnout are widespread in physician and other health professional groups. Among the causes are bullying and harassment in the workplace. Much has been done to document the nature and prevalence of problems; raise awareness; promote good practice; signal sources of advice and support for those with difficulties; and to sanction those who bully. Ed-i-Med will address the causes, consequences and preventative approaches to workplace burnout.

## "BUILDING RESILIENCE AS HEALTHCARE LEADERS" TUESDAY 20<sup>th</sup> JUNE 2017

### Keynote Speaker

**Professor Lotte N. Dyrbye MD, MHPE, FACP**

Professor of Medicine and Medical Education, Mayo Clinic, Rochester, USA

All Faculty and Ed-i-Med Delegates

**10am – 5pm**, RCSI, 123 St Stephen's Green, Dublin 2

Register at [rcsi.ie/edimed](http://rcsi.ie/edimed)

Early registration advisable as places are limited – closing date Friday 2nd June

This conference features national and international speakers outlining first the scale of the challenges of health workplace stresses in Ireland and then moving to what can be done to reduce burnout and promote wellbeing and resilience in the healthcare workplace. While most research had focused on physician burnout, the lessons to be learned reach across all healthcare professions.

- » What is the profile of stress and burnout in healthcare settings in Ireland?
- » What can be done about it?
- » How can the education of healthcare professions evolve to become the basis for a career where wellbeing is protected?

This **one-day conference** brings expertise from Ireland and internationally to outline evidence; to consider means of addressing current problems; and to focus on educating the next generation in ways that address individual and system challenges to workplace wellbeing for health professions.

**WHO SHOULD ATTEND:** all those involved in wellbeing management for health professionals (support, policy, professional body groups) and in health professional education (HPE) (universities and schools of HPE such as Medicine, Nursing, Pharmacy and Physiotherapy) and related researchers.



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