



# UCC

Coláiste na hOllscoile Corcaigh, Éire  
University College Cork, Ireland

## Development and pilot evaluation of a dementia educational intervention for primary care healthcare professionals

Dr Kathleen McLoughlin, **Dr Aisling Jennings**, Dr Tony Foley

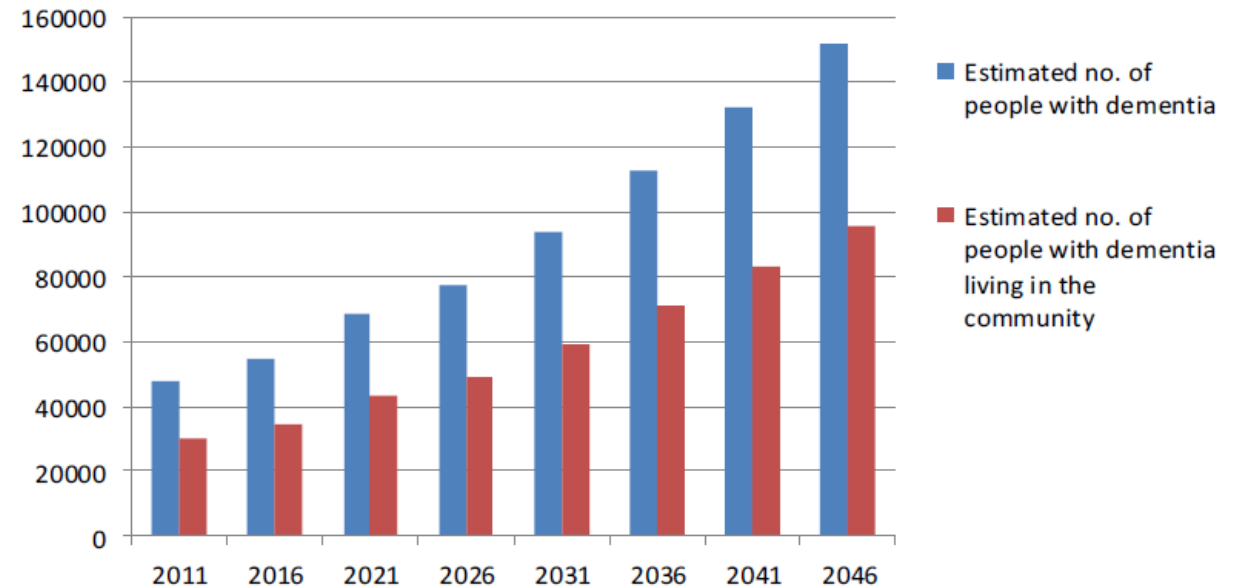
PREPARED Research Project, Dept. of General Practice, UCC

Dementia Prevalence is Rising



## THE IRISH NATIONAL DEMENTIA STRATEGY

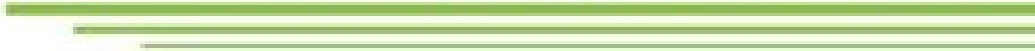
Estimated and projected number of people with dementia in Ireland and living in the community, 2011-2046



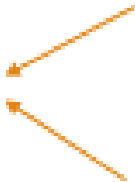
Dementia Prevalence is Rising



**THE IRISH NATIONAL DEMENTIA STRATEGY**



Primary care Education, Pathways and Research in Dementia (PREPARED)



Dementia Prevalence is Rising



## THE IRISH NATIONAL DEMENTIA STRATEGY



Primary care Education, Pathways and Research in Dementia (PREPARED)



PCT educational interventions



GP educational interventions

Education for Primary Care



ISSN: 1473-9879 (Print) 1475-990X (Online) Journal homepage: <http://www.tandfonline.com/loi/tepc20>

The development and evaluation of peer-facilitated dementia workshops in general practice

Tony Foley, Aisling Jennings, Siobhan Boyle & W. Henry Smithson



Contents lists available at [ScienceDirect](#)

Internet Interventions

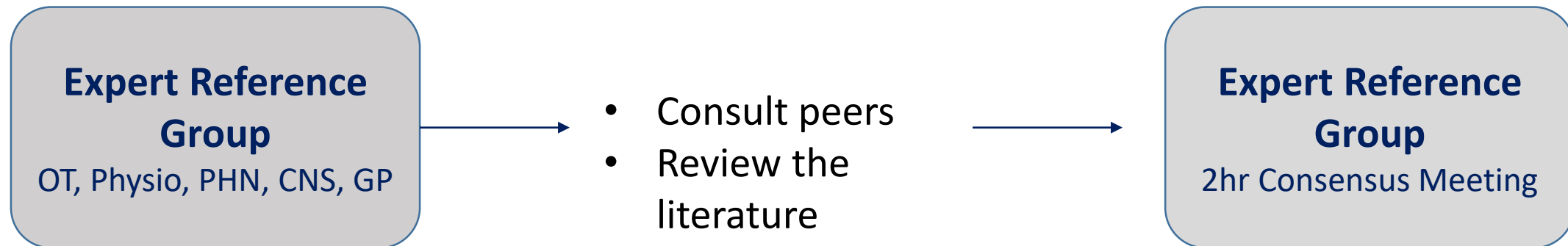
journal homepage: [www.elsevier.com/locate/invent](http://www.elsevier.com/locate/invent)

The development and evaluation of an online dementia resource for primary care based health professionals

Aisling A. Jennings\*, Siobhán Boyle, Tony Foley

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# Development of PCT dementia education



# Recommendations of expert consensus meeting

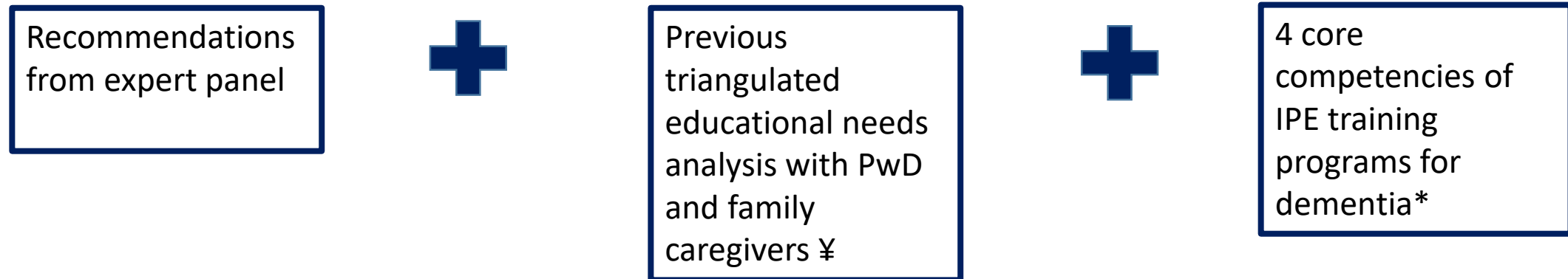
## Educational approach

- Case based
- Peer facilitated
- Practice focused

## Desired outcome

- Improved knowledge
- Improved Skill
- Behaviour change
- Collaborative care

# Integration with existing literature



\*diagnosis, post-diagnosis, advanced care planning and collaborative care (Dreier- Wolfgramm et al, 2017)

† GPs (n=16), people with dementia (n= 5), family caregivers (n=12) (Foley et al, BMC Family Practice, 2017)

# Educational Workshop



DEMENTIA CARE IN PRIMARY CARE  
- AN INTERPROFESSIONAL APPROACH -

- 3hr in duration
- Inter-disciplinary
- Inter-professional case study
- Inter-disciplinary group work

- Upskilled Facilitators
- PowerPoint slides
- Facilitators guide







# Pilot Workshop

- 3 pilot workshops
- Purposive sample of 3 PCTs; Cork & Tipperary
- 54 participants from 14 different healthcare roles within the PCT
  - 81.5% of attendees were female
  - 76% had 5+ years experience working in primary care.

# Pilot Evaluation: post workshop questionnaire

- Majority of participants agreed that the workshop improved their knowledge, confidence and understanding of dementia
- Free-text: valued learning about each other's roles in the care of dementia, case-based approach, suggestions for improvements

| Likert Statement on questionnaire  | % of participants who agreed with statement (n)  |
|--|--|
| The workshop was a good was for me to share information with my colleagues   | 83% (45)   |
| The workshop was a good way for me to learn about dementia   | 93% (50)    |
| The objectives of the workshop were clear to me  | 93% (50)   |
| The content was relevant to my daily practice  | 90% (49)    |
| The workshop has contributed to improved and enhanced team working and collaboration                                     | 85% (46)   |
| The workshop has improved my confidence in understanding the roles and expertise of all members of the PCT               | 88%(48)  |
| The workshop has improved my understanding of what people with dementia and their carers need and how I can support them | 93% (50)  |
| The workshop has improved my knowledge of dementia risk factors and how memory works                                     | 87% (47)   |
| The workshop has improve my knowledge of dementia assessment and management  | 94% (51)  |

# Pilot Evaluation: Facilitators

Focus group with facilitators & observers (n=8)

- How to manage limited time available
- How to best include the voice of the person with dementia
- Further encourage inter-professional discussion
- Logistical challenges of bringing PCTs together

# What have we learnt?

- Importance of involving the relevant stakeholders in the design of the educational content
- The value of piloting of educational interventions prior to full roll-out
- Feedback from participants and facilitators will enhance the workshop prior to national roll-out
  - Does inter-professional learning positively impact on teamwork?
  - Will it impact on inter-professional referrals and relationships?
  - Will there be behaviour change?

# dementia pathways

For Primary Care in Ireland



**dementia pathways**  
For Primary Care in Ireland

**DEMENTIA IN  
PRIMARY CARE**  
An interprofessional approach

**FREE 3-hour workshops**  
for all professionals working in  
primary care.  
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- Train the trainer workshops
- PowerPoint slides
- 60pg facilitator's guide

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