

Transition to Clinical Practice: An Interpretative Phenomenological Analysis: Expectations of Experience

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Introduction



Acad Med. 2014 Mar;89(3):443-51. doi: 10.1097/ACM.000000000000134.

Burnout among U.S. medical students, residents, and early career physicians relative to the general U.S. population.

Dyrbye LN¹, West CP, Satele D, Boone S, Tan L, Sloan J, Shanafelt TD.

⊕ Author information

Ir J Med Sci. 2017 Oct 9. doi: 10.1007/s11845-017-1688-7. [Epub ahead of print]

Burnout and stress amongst interns in Irish hospitals: contributing factors and potential solutions.

Hannan E^{1,2}, Breslin N³, Doherty E⁴, McGreal M⁴, Moneley D^{4,3}, Ofliah G^{4,3}.

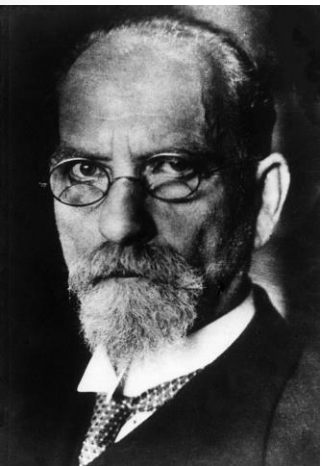


Aim

- To describe the lived experience of making the transition from medical student to practitioner
- To describe the process of transition over the 1st 12 months of practice
- To relate the experience to undergraduate and postgraduate curricula

Qualitative Approach

- **Interpretative Phenomenological Analysis**
 - How individuals make sense of their experience
 - Fundamental Principles
 - Phenomenology
 - Hermeneutics-the 'Double Hermeneutic'
 - Idiography



Husserl



Smith



Heidegger

Methods

- Purposive Recruitment-
 - 14 participants
 - Male/Female
 - Direct/Graduate Entry Students
- Semi-structured Interview pre-commencement of practice
- Audio Diaries during the first year of practice
- Semi-Structured Interview at the end of the year
- All Interviews recorded and then transcribed verbatim
- Nvivo Software Package



Stages in Analysis Nigel King

1. Familiarisation with the data
2. Identifying themes
3. Clustering themes
4. Constructing a summary table
5. Integrating themes across transcripts.

This paper will describe themes with supportive examples of text from the interviews

Themes

- The actor 'waiting in the wings' – 'behind the mask'



Themes

- Abrupt Transition
- 'Mixed Feelings'
- Strategic Planning

Abrupt Transition

Invisibilty		Visibility
Marginalisation	Vs.	Participation/Integration
Worthlessness		Status

Mixed Feelings

- Excitement
- Apprehension
 - Doubts and insecurities
 - Scrutiny
 - Conflict



Mixed Feelings- Excitement

'my main thing would be the excitement to be finally, ... it was a long slog so it's good to be moving on to the next phase' Mark

'Just regaining your life back I suppose' Claire

Mixed Feelings- Apprehension

- Doubts and insecurities
- *what is being a doctor actually like, kind of thing, or it's a bit **more scary** than going to college because you have that responsibility ... and which is like **a big responsibility** too, it's not just starting any job'* Claire

Mixed Feelings Apprehension

Doubts and insecurities

*'I don't have any specific concerns, obviously like that I would **hurt someone** or that I would cause you know some **damage** or that I would do something **really stupid** or like, something that wouldn't be /that should be obvious to everyone else but I just make **a silly mistake**'*

Andrew

Mixed Feelings Apprehension

Scrutiny

*'I think you just feel **wary of hopefully not being the dopey intern**'* Claire

Mixed Feelings Apprehension

Scrutiny

*'I would probably be a bit more apprehensive or **think about it a bit** more calling someone at night time when **you are so aware that they wouldn't be too happy about it**'* Jane

Mixed Feelings

Apprehension

Scrutiny

*'you're **trying to prove yourself** that you are able for this and you are a good worker so it would be **hard to go to someone and say look I just can't do it'*** Faye

*'I will try to **pretend not to be too overwhelmed** to the rest of the team you know and **go and panic somewhere else'*** Irene

Mixed Feelings- Apprehension

- Conflict
- *'You'd be worried about how you'd get on with certain Consultants like, **certain people would have a reputation that precedes them**'* Andrew

Strategic Planning



Strategic planning

- Sources of support
- Interpersonal skills
- Conformity and compliance

Strategic Planning

Sources of support

- ‘Definitely, as in they are the ones who are around on the wards and **we’ll be leaning on them** for whatever ... especially at the beginning when you are taking **baby steps** into the working world’ Eugene

Strategic Planning

Interpersonal Skills

'If I need to leave one ward, just say it to the nurses in the nicest possible way, I'm so sorry, I apologise, tell them you will come back and give them a time frame ... once I tell people what I'm doing they will be understanding, and I'm sure they all know what kind of pressure we are all under' Lucy

Strategic Planning

Interpersonal Skills

*'Am, a bit daunting I'll be honest with you I feel like **there is nearly an obligation not the word, buttering them up isn't the right phrase but ... I would like the nurses on my side ... like nurses are fantastic and I've great respect for them in every sense but **they can be quite sharp and they can put you in your place*****' Faye

Strategic Planning- Conformity and Compliance

- *'you would be expected to be **quite compliant**, have a **good work ethic** and be able to get on with the team'* Faye

Strategic Planning

Conformity and Compliance

*'I'd like to say I'd stand my ground but I very much feel like I'm going to be on **the lowest rung of the ladder so I do feel there will be compromise on my part**'* Gerard

Strategic Planning

Conformity and Compliance

*'I would be a bit sensitive as well and it might upset me a bit, but I think I am just going to have to deal with it, that's **part of taking things on the chin and getting a bit of a hard skin about it**'* Jane

Strategic Planning

Conformity and Compliance

I wouldn't be afraid of getting given out to and sometimes a stern word can do you good anyway ... so it isn't always a bad thing when people take you aside .. It's not always a bad thing I suppose' Hannah

Conclusion

- Themes:
- Expectations of transition
 - Abrupt Transition
 - ‘Mixed Feelings’
 - Strategic Planning